IMPORTANT NOTICE!

May we suggest that our gentle readers remember that the mails are unusually heavy around the Christmas holidays and that, while our material goes out as regularly as usual, delays may occur in mail delivery. Let us just bless this state of affairs as another opportunity to expand our Divine patience, thus becoming more like the nature of Beloved Sanat Kumara! Thank you and God bless you!

Fraternally Yours

DEAR EDITOR: As "The Bridge to Freedom" is written to acknowledge the variation in the seasons of the year for those north of the equator, how shall we apply the monthly instruction when we live south of the equator and our seasons are exactly opposite? A. D. Buenos Aires, Argentina.

EDITOR: Through the natural exercise of common sense, acknowledge the Beings representative of Spring, Summer, Harvest, at the time when these Beings are active in your zone. Back issues of "The Bridge to Freedom" will provide you with the material and your own initiative must be used to utilize the instruction according to the seasonal outpourings of your environment.

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BELOVED ONES OF "THE BRIDGE TO FREEDOM":

I would like to express my thanks to you for the magnificent gifts given me through "The Bridge," "The Bulletin" and "Hope." In the Spring of last year I was directed to your announcement in "Mystic" magazine. . . .

A short time before "The Bridge" was given to me, I found myself just naturally blessing the weather. Do you see what the decrees for the water element . . . have given me. O, that I may show a profit for all that I have received. Dearly beloved ones, you who were able to go forward and contact the Great Ones, I thank you, I love you and three times daily I bless you. . . . If you choose to use this note in any way to help another, please do so, with my blessing.—*G.P.L., Watertown, N. Y.*

EDITOR: God bless you, friend of Light, for your interest in Our words and works at this time and your willingness to take your time and energy to so encourage those who are humbly trying to serve Us in the world of form. Your desire to "show a profit" for all you have received is most commendable and this constructive attitude shall bring you greater opportunities for service than you have known before. This is always the reward for work well done, thus enabling the chela to expand his own light and the light of others more and more until all shadows of imperfection have ceased to be. Carry on! Keep up the good work! We love you and, remember, "I AM" with you always!

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume IV FEBRUARY, 1956 No. 11

To Beloved Micah, Spirit of Unity!

GREETINGS AND BLESSINGS from the Spiritual Hierarchy and the mankind of Earth who, through Your FEELING OF UNITY with God, SHALL find their way back HOME!

Separateness was evolved out of the individual free-will of those who voluntarily cut themselves off from their own "I Am" Presence and desired to live life according to the promptings of their senses. UNITY with God, the Masters, Angels and man SHALL come about in the fulness of time! Your Guarding Presence, Your radiation, Your love stirring the lethargic souls to renewed endeavor to find their God, brings the gratitude from all of the Members of The Great White Brotherhood Who live but to see this re-union take place.

As You guided the Children of Israel out of bondage into freedom centuries ago, so—again—do you guide the children of Earth back to their Heavenly Estate in the "Promised Land" of eternal Freedom from the limitations which now harass them! For Your constancy in service; for Your Presence in the atmosphere of Earth and for Your Cosmic assistance in this hour, We thank You!

THOMAS PRINTZ, *Editor*

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The Homes and Retreats of The Masters of Wisdom

THE THIBETAN RETREAT OF THE BELOVED MASTER HIMALAYA

(February 15 to March 14, 1956)

The Temple of the Blue Lotus, within which dwells the Great Manu of the Fourth Root Race, Beloved Himalaya, has been sought by many an earnest pilgrim upon life's way throughout an entire embodiment, without success. The vast wall of the Himalaya Mountains, stretching toward the sky like a sea of stone, rock and snow-covered glaciers, hides many of the secrets of the ages. Scholars and chelas have sought to penetrate these Mountains and wrest from Their Guardians the light and power gathered there through many, many centuries. Some few have tasted of the sweet fruits of fulfillment; others have received the spiritual grace and benediction which flow from Their mystic Presence but fewer still have attained the aura of purity, selflessness and spiritual expansion to actually find the Temple of the Blue Lotus and stand before the God of the Mountains (Himalaya) Himself!

The Fourth Root Race, destined to have long since finished their course of evolution upon the planet Earth, remain here still. While even one soul remains, the beloved Himalaya, (their Manu and Spiritual Guardian) must remain with them. Thus He waits—amid the eternal snows—guarding the spiritual culture and age-old parchments upon which have been written that portion of Truth which His disciples have received and written into the substance of earth from time to time as a gift to succeeding generations to help to light their way back "Home".

FRANCHISE NOTICE

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All so blessed as to stand in the actual Presence of Beloved Himalaya sense first the great peace, tranquility, mastery and Godliness which sanctifies the Holy Mountain within which His Temple and His Presence abide. Then the seemingly impenetrable rocky face of the Mountain opens before them and, standing quietly in the Golden Robes of the Eastern Seer, the actual Presence of Himalaya, a beautiful, serene, oriental Being, smiles upon them. After achieving this visitation, some quietly leave their Earth garments at the feet of the Master, feeling they have achieved the Ultimate. The bolder (spiritually speaking) bare their bodies, souls and spirits to the tremendous concentrated light of His Presence and are rewarded by being beckoned silently by this August Presence to enter the outer doorway of His Retreat. Here, in the golden waters of precipitated light, floats the rare Blue Lotus about which legend and story abound. He who looks upon this Lotus (and retains consciousness) is allowed to make one wish of a spiritual nature and the Lotus, expanding until it touches the radiance of the Immortal Flame within the aspirant's heart, giving to It the power to fulfill the wish or desire.

Now, through the glorious development of projected consciousness, you are afforded opportunity to cross the great Himalaya Mountains without discomfort to the flesh bodies and to stand in the actual Presence of Beloved Himalaya. Look deeply into the heart of the Blue Lotus! Absorb the radiance of Himalaya's peace and tranquility! Let all earthly desires fall away and make your impersonal petition for the good of the Fourth Root Race; that each one of that Race still unascended on Earth may achieve the Ascension quickly, thus relieving Him of the necessity of remaining longer with this planet Earth. Then make your personal petition, the granting of which will expand your own spiritual light and help you, in turn, to help your fellowman.

Know well that Masters of great light have sought the assistance of Himalaya for many ages and the privilege of entering His Temple is beyond the ken of human mind.

The gifts of this Great Guardian Presence are primarily the development of spiritual equipoise, enlightenment, tranquility and peace. Come at least once within the twenty-four hour period to the Temple of the Blue Lotus; remove the

shoes from your feet and enter in reverence into the Power that has drawn into these Mountains seekers after light from all over the planet Earth. Sit before the Blue Lotus and invoke the blessings of Illumination into your own outer consciousnesses, absorbing that peace and tranquility into your minds, emotions and physical forms! Then bring back into your own spheres of influence the gifts of an eternal nature which you will receive there.

(NOTE: For further information on the Temple of the Blue Lotus, please see *The Bridge to Freedom,* Volume I, No. 2, May, 1952; Volume II, No. 12, March, 1954.)

OUR BELOVED HIMALAYA

Once in the ages—now beyond recall—
When o'er the Earth the mists began to fall,
Out of the Heavens came a sacred sight—
Lo! from God's Heart—A Messenger of Light!
To our dear Earth He poured His great Light Rays,
Holding love's balance in those dark'ning days.

CHORUS:

Our Beloved Himalaya—hallowed be Your Name—
Raise our Earth in vict'ry—*for this cause You came!*
Glory, laud and honor unto You belong,
Masters, men and angels, sing You love's song,
We sing You love's old sweet song!

God of the mountains bearing Your great Name,
Towering peaks now guard Your Wisdom's Flame—
Haven of love's Blue Lotus—Your Retreat—
Radiant with power, knowing no defeat!
Guarded by snow and ice-laden crevasse,
Only the faithful through Your portals pass!

CHORUS:

Dear Belov'd Himalaya, thank You for Your peace,
Flooding o'er earth's millions, Cosmic Christ release;
Gracious is Your mercy; Glorious is Your power,
Free earth by love's victory, doubled each hour,
O! double love's victory each hour!

Heart-friend of love, but known to such a few,
Let all that lives and breathes send love to You!
Raise men's attention unto Your great height—
On that attention flows back all Your light,
Earth now arises, free from human pain;
Lives in the sunshine of God's love again!

CHORUS:

Central Sun Eternal—all that is thereon,
Honor all Earth's Saviours—Sages come and gone!
Bless our dear Himalaya for His service true,
Gods of all the mountains, WE LOVE YOU TOO!
Great Central Sun, bless them all too!

MELODY: "Love's Old Sweet Song."
(Keynote of Blue Lotus Retreat of Beloved Himalaya)

NOTE: With this issue of "The Bridge" we are enclosing a copy of "George Washington's Vision" in which is mentioned "The Great Angel on Whose Crown blazes the word 'Union'." This Angel is the Beloved Micah—song to Whom is given below. Beloved Micah is a Son of Archangel Michael and was the Guardian Presence for the Jewish Dispensation during the time of Moses. He was the Flaming Consciousness which spoke to Moses from the burning bush (which, you will remember, was not consumed!) Micah was also the Presence in the "cloud by day and the pillar of fire by night". He pours tremendous radiation of peace and a desire to unite with the good in all life when this song is sung.

BELOVED MICAH, ANGEL OF UNITY

Micah, Angel of Unity,
Accept our hearts' deepest love for Thee!
Glorious Angel with Crown so bright,
Flood all our worlds with Thy Heavenly Light.

Son of Michael and Son of Light,
Make us like Thee, all things made right.
Human discords all melt away,
Seen in the Truth of Eternal Day.

Micah dear, faithful friend of all
Who through the ages to God did call;
Ageless, powerful, loving, too;
Wielding in mercy, Love's Sword of Blue.

Thy sweet Presence to few is known;
Thy service rendered for love alone;
Now let all Earth arise and bless
Thy life with gratitude's happiness.

Micah, beautiful Angel Friend,
Hold Thou our unity to the end.
Gifts of love from the Central Sun
Now flood Thy world, 'til Earth's victory's won!

Melody: *"Holy Spirit, Truth Divine"* (Hymn Tune).

Address by
BELOVED LORD MAITREYA

Sept. 27, 1954

My dearly beloved children, I LOVE YOU! Feel the pressure, the sincerity and the depth of My love. I have followed the course of your evolution from the instant when you were first breathed out of the bosom of your own God Parents as shining beings, through the sad day when you personally chose to create the shadows in which you now find yourselves. I shall follow you back into the realization of your own Godhood; until you stand again triumphant, magnificent, FREE, Master over God energy, which is yours to employ. Thus living for love through faith, you use that love to expand the borders of God's Kingdom, fulfill the individual destinies of your own lives and make the Universe to which you belong a sweeter, a more magnificent and glorious place.

So many Universes are represented on Earth today. Guests from so many Solar Systems are serving here. Looking at you, I remember the glory you knew in the beginning, before the world was. Anticipating the glory you shall know while the world yet is, My heart is filled with gratitude to life for the opportunity of being a part of your development. I am grateful to be able to contribute the energies of My life to wrap you round in love; love in which there is no self-seeking; love in which there is only the desire to breath upon your Divine pattern and your heart flame with such an intensity of faith and pressure of confidence that that pattern and heart flame, rushing forward to meet Me, manifests full God-dignity and full God-mastery. Then each of you becomes again Princes and Princesses of the Sacred Fire—Angels, Devas and God Beings. Abiding yet on Freedom's Star, because your love for those who choose to develop on this star is so great, your sojourn here shoud be one of happiness; *your service one of individual freedom in a remembrance of your Divine Identity.* In the conscious invocation of your powers; in the largesse of the distribution of the gifts of your own precipitating Presence to those of mankind and the elemental kingdom who seek a Saviour; seek teachers; seek lifestreams to show them the way back "Home", *you shall serve Us in personal freedom!*

Ah, My children, blessed indeed are those of you whose hearts have signified an interest in becoming way-showers to the children of Earth. Blessed is the light that is glimmering through the folds of your individual soul-self; that motivating power which impels you forward, and which has kept your feet upon the pathway of light thus far, despite the pressures of your individual human creation.

In the Spiritual Hierarchy, I presently hold the Office of World Teacher. This Office is held, beloved ones, for approximately fourteen thousand years by one God Intelligence and then a succeeding Intelligence accepts the Office as the preceding World Teacher avails Himself of other endeavors to promote God's Will throughout the Universe. During a fourteen thousand year Cycle, a World Teacher has seven major opportunities to develop a spiritual education and religion within seven two thousand year Cycles, which will bless the mankind evolving upon the planet. The World Teacher, working with the Chohan of each Cycle Who is the channel through which the activity, radiation and world religion will flow, endeavors to develop a dual release of blessings which will stimulate the particular spiritual centers successively nourished by each one of the seven rays during this Cycle of fourteen thousand years.

The dual activity developed by the World Teacher and the acting Chohan draws radiation which nourishes the soul light within the hearts of the people and encourages the release of the spiritual Self which, in time, transmutes the soul and develops a system of spiritual education and knowledge. Through these the conscious mind of the people may be raised to cooperate with the spiritual movement of the current Cosmic Cycle.

No great Teacher, no great Example to the planet Earth or any other planet of Our System, has ever been successful who has not employed the dual activity of stimulating both the thought and feeling centers of the race. The activity of developing the conscious mind by understanding of the spiritual laws, increases the cooperation and the obedience of the students with whom you work. *When they are aware of the reason for the activities in which their lives are engaged,* they put a much happier and more constructive radiation of feeling into the performance of the spiritual ritual. How-

ever, when the knowledge is not coupled with a conscious radiation of love and an invocation of spiritual grace from the Beings Who are God-free, to develop the seeds of knowledge and to expand the spiritual nature in the feeling world, the religion has failed to fulfill its purpose.

You who are to be the teachers of this age; to represent the Master Saint Germain; to be the Shepherds of the race, must develop dexterity of thought and control of feeling, coupling the most eloquent presentation of the Law with a spiritual application which stirs the heart centers and the spiritual centers within the soul. Otherwise your teachings will not render the service which your heart desires. In like manner, those who are tremendously devotional and are able to invoke tremendous stirrings of the emotional nature, *where the mental body is not in control,* those fail to perform the full service of a teacher by coupling the two activities.

I have brought with Me into the atmosphere of Earth today the great Elohim Casseopea Whose concentrated power of Illumination is the capacity to hold within the mind the Divine design and pattern which you wish to present in your class instruction. I have also brought the Mighty Archangel Jophial Whose radiation of the feeling of Illumination stirs spiritual aspiration and encourages the up-reaching of the emotional body toward the Godhead. As you can accept that dual activity of the nourishment of both the mental and feeling consciousness, you will better comprehend the particular qualities which you should develop in yourselves, through your desires to teach the people of Earth in the days and years that are to come.

Need to Prepare for Future

You are not here by happenstance, beloved ones and We have not come from Cosmic heights to speak to a handful of human beings just for your own individual unfoldment. We are endeavoring to consciously train individuals who have volunteered to expose themselves to the radiation of the Masters, in order that they, in turn, may become "firebrands" and carry the Light of Truth and Illumination the length and breadth of every land. At this time you do not see the opportunities that will arise in the days that are yet ahead of you. You do not yet know of the great numbers of people who will, from time to time, place you in a position where you

will need to avail yourselves of the knowledge and radiation received in these quiet and blissful hours. I say, *prepare you well for that day!* Those who are presently within the radiation of the Masters, sitting at Our feet; those to whom We have turned Our specific radiations; to whom We have spoken Our words; *those will be called upon!* In times to come you will remember My words of this night.

Remember always that when you are dealing with a great number of confused individuals who are emotionally disturbed,—before you attempt to reach their minds, first call to the great Archangel Jophiel to quiet the feelings, visualizing His Golden Flame and Ray blazing up around them. Make the application on the feeling world *preceding* your endeavor to reach the reasoning faculties. This will assist you in blanketing the disturbed energy that is rampant, in an outpouring of peace. Then, as you speak with authority and present the Law (which when applied brings the protection, the supply, the peace of mind required in emergency), It will anchor into the consciousness and bear fruit.

I am speaking to you with a purpose. You cannot reach the mind of a man whose feelings are in violent agitation. Practice in your group work by consciously making that application for the development of peace in the feelings of your students, before you attempt to inspire them by your words and you will see the difference in the quality of energy that you will release in your decrees, songs and application.

We Who speak to mankind from the Ascended Master Realms always come into a room long before We are privileged to address you. We use this opportunity to bathe the group in the radiation of Our love; in the peace of Our feelings; in the quieting of the vibratory action of each individual, in order to insure the best reception of Our instruction by the vacillating outer mind.

The "I AM", Soul and Personality

The Beloved Sanat Kumara asked Me to speak to you. I come to give you an understanding of the "I AM" consciousness, the soul and the personality. I do this with the hope that you will grasp the differentiation among these three consciousnesses, so that you may more quickly come to the awareness of that "I AM" Presence of which you have heard so much *and which*

you are to embody for Our sake as well as for the sake of all mankind.

Beloved ones, visualize your mental bodies as lovely crystal cups offered to Me. See if you can hold your minds concentrated upon the pattern as I present it to you. Do this in love for Me.

When first you were breathed from out of the bosom of your God Parents, you came to an awareness and a realization of individual identity. You felt and thought "I AM". You found yourselves as self-conscious beings and in every fibre and cell of your Electronic Presence you realized "I AM" being. As you lived in that innocence, sharing the "I AM" consciousness of your God Parents, you know that primal life was yours to use as you chose. You were Holy Innocents and primal life—exquisite, irridescent—became your possession, flowing into the Immortal Flame in your hearts.

In this innocence you abided and out of primal life you began to create according to that which you saw around you. You lived in a Realm close to the bosom of the Eternal, where there were no forms that were not exquisitely beautiful—every Angel was shining in magnificence; every Master in the dignity of a Christ. This consciousness of individual thought began to reproduce what it saw and you began to duplicate the beauty which was around you. Timidly, at first, you created tiny Cherubic forms and small temples. Then your feelings, enjoying individualization and power of self-conscious creation, filled those tiny forms and they began to flow out from you into your aura and into the Sphere in which you dwelt. You experienced the joy of individual creation, choosing through free-will what you would design.

All through the Inner-Spheres you passed, carried in the train of one of the great Manus of some Root Race. Where you abided, you watched the magnificent Brothers and Sisters in those Realms Who had developed far beyond your power to create, building Stars and Galaxies and moving the Cosmos. You, in your own small way, using thought, would create thought patterns—and using feeling, would energize and then project these little forms. Thus you grew stronger, getting more mastery, using more of the "I AM" consciousness as you found your thoughts and feeling centers were obedient to your will. This was the state of innocence, the "Garden of Eden"

consciousness wherein you were creators. However, here there was no need for discriminate use of your thought and feeling centers, for there was no destructive pattern; there was no form of temptation; there was nothing that could enter your consciousness or that you could externalize that was not beautiful.

In this Realm of perfection, many beings have always abided. They never chose physical embodiment. They developed there, not desiring manifestation in the world of form. Some did choose incarnation on Earth. These were brave spirits who had passed through the Seven Spheres and wanted to experiment with the use of life in its fullness; developing greater dexterity by the drawing of the powers of creation through the thought and feeling centers into the lower atmospheres where it required more energy to mold substance into forms. Some applied for the opportunity to embody here on Earth. The closer you are to the heart of God, the more quickly does light substance respond to thought and feeling and the easier it is to create. As you pass outward through the Seven Spheres, the vibrations of the electronic substance which is obedient to thought and feeling becomes slower and it takes more energy and more endeavor to create manifestations of a definite constructive design.

Therefore, it was the bold and the strong who descended through the Seven Spheres, developing the powers of conscious thought and feeling and resultant precipitation through free-will. These, then, who chose to embody on Earth waited with their Manu until the Earth was habitable, to further develop the power of using thought to make a mold; using feeling to vitalize that mold and using the medium of a physical body to lower that mold into physical form. They asked that they might descend into a beautiful and refined Earth body and complete the cycle of externalization by moulding Earth's substance into the pattern and form of the Divine ideas received from God. Thus the Manu of the First Root Race and Its Seven Sub-races came forth, together with His pupils.

The Earth was created so beautifully by the seven Elohim; the Sun of Even Pressure in Its center sent forth a radiation that was visible as a soft glow beneath the grass, the flowers and the sea. The flowers were like flames and there was no decay. At the end of its season of expression, each manifesta-

(*Continued on page* 15)

THE MASTERS OF WISDOM SPEAK

ON: CULTIVATING THE HOLY SPIRIT

MAHA CHOHAN

It is My responsibility and obligation to the Cosmic "I Am" Presence to nourish, develop and externalize the Holy Spirit through every lifestream upon the planet Earth, or who belongs to Its evolution. The Holy Spirit is the true nature of Divinity and it is fore-ordained that every child of God must, sometime and somewhere, manifest a Holy Spirit through the energies of his own world. When the Spark of Divinity signifies that It is ready to begin upon that endeavor, I come to assist in the development of the Holy Spirit of such an one.

EL MORYA

God, The Father, the Cosmic "I Am" Presence, created man in His Own Image and Likeness. The Son, so created, then was given free-will to externalize the spiritual nature of The Father through his own thought and feeling centers. Thus, each such Son develops a Holy Spirit of his own. It is the first step upon such a Path when a man desires to "rise and go unto his Father"—to become like Him in nature. Then, We are privileged to assist such an earnest man to raise the vibratory action of his thoughts, feelings and outer self *consciously*, so that he becomes a radiating center of the Spirit of Holiness.

KUTHUMI

The "I Am" Presence within every heart knows within Itself that Its ultimate destiny is to direct, control and expand the radiation of love, harmony, peace, purity, balance, faith and beauty. Through the usurping of the energies of the lifestream by the outer self, the "I Am" Presence has been denied the opportunity to direct and qualify those primal energies to bless all the life around It. The emotional, mental, etheric and physical bodies of mankind—*created to be instruments of the "I Am" Presence*—have become, instead, the directors and qualifiers of the use of primal life. The resultant chaos, limitation and distress of the individual's aura as well as the world's atmosphere, is a far cry from the natural beauty and perfection of God's Kingdom, which is intended to be established on this Earth for the pleasure of man and the glory of his Creator. Educating the outer consciousness to the proper control of his vehicles of expression and bringing the direction and qualification of life back to the "I Am" Presence, is part of the service of the Brothers of the Golden Robe.

PAUL, THE VENETIAN

A man *can* learn to consciously control the type of thoughts he allows to enter his mind and which he allows to develop there. By learning to reject and refuse to allow thoughts of a negative nature to enter and dwell within his mind, he raises the vibratory action of his mental world and it becomes sensitive to the promptings of the "I Am" Presence rather than to the stimulation of the impure thought-patterns which are the product of mass thinking. Such conscious elevation of thought must be practiced and sustained through an effort of free-will. When the mental body is so elevated, even for short periods of time at first, it becomes a magnet to draw thoughts from the Higher Spheres toward it. These thoughts become the *seeds* which, if cultivated by feeling, will grow as a harvest of beauty in the individual's world and environment. *Thus the Spirit of Holiness is externalized by the man willing to discipline his thinking.*

SERAPIS BEY

A man's emotional body can also be trained to reject emotions of violence, anger, resentment, rebellion and to cultivate feelings of tolerance, love, understanding and compassion. These feelings raise the vibratory action of the emotional world and magnetize the feelings of like vibration radiated forth by Masters, Devas, Angels and other God-free Beings. When the mind and the feelings are held upon constructive patterns, the individual is beginning to be a magnet for the Cosmic radia-

tion of the Spirit which helps him to become a Holy Spirit in himself.

HILARION

The inter-relationship among the emotional, mental, etheric and physical bodies of an individual cannot be stressed too much. What affects *one* affects *all,* constructively or otherwise. Just as a charioteer driving four horses is impeded in his progress by the lameness or incapacity of one of his steeds, so is a man impeded in his spiritual progress by the insubordination or incapacity of one or all of his vehicles of expression. Therefore, each chela should take an impersonal inventory of the nature of his thoughts, feelings, words and actions and endeavor to nourish, discipline and develop the particular vehicle which he finds less amenable to the expression of the Spirit of Holiness, through his own aura and world.

JESUS

Every man created by the Father must complete his own Trinity by reflecting and radiating the Nature of that Father—the Holy Spirit—through his own consciousness and vehicles of expression. The present purification of the inner bodies of the students will make it much easier for them to keep their thoughts and feelings elevated and their resultant words and actions will reflect this inner purification. Finally, the inner bodies will come to realize their purpose in being . . . to *consciously create* and radiate the virtue and beauty of the Heavenly Father in all the God qualities and God ideas which will naturally externalize in their personal worlds as peace, health, beauty, opulence and spiritual grace.

SAINT GERMAIN

Measuring one's thoughts and feelings against the thoughts and feelings of the Master is a good way to determine whether the vibratory action of those vehicles of expression has fallen below the natural estate intended for each chela. This need not be a severely imposed discipline but rather a happy experience for the person determined to be a radiating center of God's Presence on this sweet Earth. To every such one, We offer all the stimulation of Our friendship until the aspirant can sustain his vibration of holiness and sanctity by himself.

(*Continued from page* 11)

tion just disappeared. Beloved Amaryllis, Virgo and Beloved Neptune, Aries and all the Beings of Nature had created such a magnificent Earth that when mankind first embodied upon It, there was little difference between the Earth (in Its pure virgin state) and the beautiful Heavens. As the Builders of Form completed the formation of the Earth, lovely Beings, using the "I AM" consciousness, took primal life and, holding up the cup of their minds to their own Presences, received the Will of God in the form of ideas. Then They were able to mold those ideas into definite patterns and fill them with the feeling of love. Then, using the flesh body, They externalized them in the physical appearance world by the Power of precipitation. They built on Earth even as They had built in Heaven. The first Golden Age manifested the same Temples, the same exquisite perfection that these beings knew at Inner Levels. There was not one in that Earth cycle who did not complete the course of evolution in perfect harmony.

The second Cycle was the same. Follow Me closely, for I am telling you scientific facts which apply to the conditions in which you stand today and it can raise you out of limitation!

The blessed Beings in the third Cycle then came forth. In the use of the "I AM" consciousness, the natural activity of each day was to tune into the Presence, *because the outer self and the Presence were one.* Each individual "tuned into" his own Presence and the Divine ideas for that day flowed into his mind. So many magnificent ideas poured forth in one day that the outer self could not fulfill them all. The outer self chose those ideas which would be of the greatest blessing to the Universe *and each day the outer self was about the Father's business!* It was very beautiful.

Then came the human consciousness—that in which you live today and which I am trying to redeem, transmuting it back into your "I AM" Self again.

Then the Earth offered to accept certain lifestreams who had not attained the development required to progress with their planets and Systems. Those Systems had to move on in a great forward push, something like what the Earth is going to do within the next eighteen year period. The whole Creative Scheme had been delayed because of these "laggards". The Earth and Her evolutions, being of a more condensed

(and therefore slower) vibratory action than the successive Systems, offered to take on these "laggards", hoping by contagion and by the pressure of purity within the Earth's people and their Guardian Spirits, to redeem these "laggards" quickly. For a hundred years the priests and priestesses in the Temples made continuous application for the protection of the consciousness of the masses of Earth's people against contagion through proximity, by which imperfect forms might register within their consciousness. Up to this time Earth's people had seen nothing less than perfection. How did those "laggards" get into the evolutions of Earth? They came through the pure bodies of women belonging to this perfect, harmonious, innocent evolution, who offered to give them an opportunity for incarnation on the Earth. These women were chosen because of their tremendous spiritual strength, so that the Body Elemental might have all the assistance possible and the heritage of good and evil in the consciousness of these egos might be mitigated, you might say, by the pressures of light in the consciousness of the mother during the period of gestation and the early Earth life.

These individuals were born. The parents of these "laggards" performed one of the greatest sacrifices known in any Galaxy, taking into their physical bodies, consciousness and homes, these individuals whose radiation was such that it has drawn the Earth to this present condition today. Now, what happened? Here is the point where you left the "I AM" consciousness, beloved ones. After birth, when these egos grew to a certain age, the Holy Christ Self had to release a certain amount of their karma, with opportunity for redemption. However, instead of redeeming it, they yielded to its malign influences and began to create secretly in thought and in feeling forms of an impure and distorted nature. These began to spread into the atmosphere, just like a smog over a city and were picked up by the sensitive consciousnesses of the race. Previously these were used to drawing only beauty from the Presence and externalizing Divine perfection. While the temptation could have been repelled and the mind not allowed to accept or entertain those thought patterns and feelings, some among the race, in secret, opened their consciousness to those thought patterns and played with their feelings until finally there began to be externalized imperfections of form.

Curiosity, rebellion against holding true to the Divine pattern and the use of thought and feeling in creation of imperfection, began the building of what you call the "soul". It is a consciousness apart from the full purity of God. The first thought a man had that was imperfect and impure, energized by a secret feeling, was a *cause* and that, sent out into the atmosphere, created an *effect*. Like a boomerang, the effect came back into the consciousness and made a record. That record was the beginning of an impression. Energy sent out in a certain manner returned to affect the lifestream who had sent it forth and there began to be created a shadow between the "I AM" Presence and the human consciousness. Endeavoring to contact the Presence, the individual would find these "tramp" thoughts and feelings flowing through that line of contact until more and more imperfect was the conscious use of them. Finally, those centers got completely away from the control of the ego and acted independently. Anything the individual saw, registered on the mind, was energized by feelings and manifested. Acting independent of the Presence, thought and feeling created most of the conditions in which you are functioning today.

Through the ages, blessed children, the creation of thought-forms and the energizing of those forms by feeling as well as the action that follows through the flesh, has built an etheric consciousness. The "soul" is the accumulated consciousness resulting from your experimental use of life, action and reaction. The tendencies, habits and nature of your "soul" are determined by the ways in which you have used life through the centuries and what life has returned to you age after age. Your "soul" endures in embodiment and between embodiment. Your "soul" will continue to live until it is transmuted by the Flame in your heart and there is no longer this shadow self that thinks and feels apart from the Christ. Your "soul" lives through every personality (embodiment) that you use. Today you have a name; you were born into a family; you live—if fortunate—approximately threescore and ten years and then you "pass away" as a personality. That personality is no more, but the "soul" of you in the etheric garment, influences each personality which you become in each succeeding incarnation. If you were to look at an unbroken stream of one hundred

of your Earth lives, you would find that the "soul" was more or less the same through each personality.

Now We have to undo the effect of millions and millions of these embodiments in the matter of a few short years! We are endeavoring to teach you to enter again into the authority of your own "I AM" consciousness, drawing primal life and *getting directions from your Presence.* You must learn to silence the cravings of your lower bodies; the etheric rumblings; the human tendencies. Then, in the mastery and control of your own life, you must begin to build anew as your God Self would have you do, until there are not two—the "soul" *and* God —BUT GOD ALONE. Thus are you re-instated as the "I AM" consciousness; Master of thought, feeling and action; absolutely non-recordant to the impressions of the human selves of others,—these vicious conditions of the etheric bodies which manifest as disease of flesh and distress of affairs.

Beloved ones, contagion caused the fall of this Earth. Contagion of doubts, fears, impurity, lust, depression, is a force which you must diligently prevent, *if you intend to be Master by the power of your Godhead.* You are in a constant sea of moving energy, besides your own accumulation of the "soul". Every paper you read; every piece of music you hear; every picture you look upon that registers in the mind and which the feeling animates, adds to the accumulation of your limitations, your financial lack, your needs. Do you know that even racial characteristics are just a matter of contagion and acceptance? I have seen lifestreams completely remove all racial imperfections *in an unascended body in one embodiment.* It can be done! *It has been done! IT MUST BE DONE* by those who are the teachers of the race.

What is the greatest avenue of teaching? EXAMPLE! You are the Guardians who offered to protect those who "fell from grace", not only did they "fall"—but you have gone after them! *Therefore, it is to you We come first with this explanation.* It is not enough to *enjoy* it—*Oh, I implore you with all the love of My heart to do something about it!* The simple sincere call for the purifying of your "soul", oh, *that does more than you can know.* As those mighty currents of purifying energy surge through the etheric body in answer to your call, I tell you blessed ones, I have watched the benefits to your "soul". The

"souls" of men are weighted down with all manner of human distresses.

Now it is your "souls" to which I speak. . . . The "I AM" of you is happy; the "I AM" of you is God-free; the "I AM" of you has never known limitations. I AM THE SERVANT OF *THE "SOUL" OF YOU,*—that part of you which seeks redemption; that consciousness which is the thinking, feeling self of you and *I shall not let you go until that "soul" is white as snow,*—until the hour comes when, in great relief, you can say "the Father and I are one"! It will come! IT MUST COME! For love—the greatest activity in the Universe—*cannot be denied!* I embody love and I am one with the Christ of you.

Speaking now through the "soul's" self asking for release; asking for authority; asking for redemption; asking for freedom; "I AM" the CHRIST in you come again! "I AM" THE CHRIST COME AGAIN! *ALL THE EARTH HEAR ME TONIGHT!* I AM—TONIGHT—THE CHRIST—COME AGAIN!

The "second coming" is not a mystery. It is the re-instatement of your GODHOOD upon Its Throne of Authority, accepting the reins of your thought and feeling and again moving as the majestic, embodied God, which you really are—that "I AM"—and *THAT you shall become!* Thank you, my children.

MONTHLY LETTER TO TRANSMISSION CLASS

BELOVED SEEKERS AFTER LIGHT:

Welcome to the blessed peace and illumination of the Temple of the Blue Lotus. We thank the God of Freedom that you can now, in the full freedom of projected consciousness, enter within the forcefields created by your own ingenuity of design, energized by your collective endeavors and journey in comfort and safety to this Ancient Sanctuary of Wisdom. Remember that the substance, qualified energy and radiation which you consciously draw into your physical bodies with your breath, becomes an actual part of your own inner and physical garments. As you join with the Spiritual Hierarchy at the feet of the Beloved Himalaya, you shall partake of His wisdom and

His peace! Breathe deeply of this rarified and spiritual sanctity and make it a part of yourself. Then, as you project and expand these gifts into the world around you, you are actual conductors of the light and peace held within this Temple to all mankind!

From all over Asia, the elect wend their way toward the Temple of the Blue Lotus and those who find it add the radiance of their Presence to the already magnificent focus of peace and illumination that is here. Think for a moment of the centripetal power of love that can and has drawn men and women at risk of life and limb into these great mountains to seek understanding and be grateful in the extreme that you may receive this blessing with little discomfort, expense or expenditure of energy. As you stand contemplating the Blue Lotus, absorb the mystic perfume of Its Presence into your world and remember to invite a Member of this Brotherhood to be with you daily this thirty-day period, during your times of contemplation and invocation. You will FEEL the acceleration of Their Presence! I shall meet you often in this sacred Retreat as will Others of the Spiritual Hierarchy.

Love and blessings,

MAHA CHOHAN

The statement to be used for this Transmission Class is:

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Himalaya's	feeling	of masterful	peace	which heals	all life
"I AM"	absorbing	"	"	"	"	"	"
"I AM"	expanding	"	"	"	"	"	"
"I AM"	projecting	"	"	"	"	"	"

Color of Flame: Beautiful azure blue surrounded with aura of gold; Hierarch, Beloved Himalaya; keynote: "Love's Old Sweet Song."

GROUP MATERIAL FOR TRANSMISSION CLASS

January 21, 1956

DEAR, DEAR GUARDIANS OF LIGHT:

God bless you! This brand new year I call again to the heart of the Mighty Elohim of Peace and the Beloved Himalaya, in the Name of our own beloved "I AM" Presence (right within our beating hearts), to flood and seal your entire beings

and worlds in oceans of Their Heart-flame of Cosmic Christ peace and Ascended Master God-control, which makes you master over all, everywhere you move today and forever. This shall be eternally sustained, all-powerfully active and ever expanding until all are ascended and free!

Nothing can be *permanently* sustained anywhere in this Universe without the *feeling* of God's gift of PEACE! Since it is more comfortable to have it than to live without it, ALL WANT IT but so many seem not to know how to possess it. There is a very simple exercise which all can use with efficacy on themselves and others—an exercise which will bring great blessing *if you will use it!*

If you feel irritability coming on, go by yourself as quickly as you can for a few minutes and be sure you are undisturbed. Then visualize the Elohim of Peace standing above you, pouring down over you a stream of soft, golden, healing oil, the color of molten gold. See that pouring down over the head and then flowing right down over the entire body and see the body absorbing that substance like a blotter absorbs ink. See it running down over the nervous system, clear to the ends of your finger-tips and toes. Consciously accept this substance and radiation for a few minutes until you can FEEL its benefit and call your "I AM" Presence into action to keep it sustained and ever expanding. This exercise is good to use at night just before entering sleep and, with a little practice, it will induce the relaxation that brings sound, refreshing sleep.

One must keep the attention riveted upon this activity for at least two or three minutes at a time. During the day, if more time is available and you seem tired, needing more energy, see the stream of golden oil more sparkling until it becomes quite dazzling. It costs you nothing to try this and, if you persist until you get the FEEL of it, it will give you great help.

It would be well to use this exercise on others, too, when you see they need assistance, for many folks have the appearance of "frayed" nerves these days. Instead of a feeling of annoyance at those who find it difficult to hold the sustained peace in their worlds, let us all try this year to be "Good Samaritans" and help those who may not know how to help themselves in this way.

Remember—wisdom is the right use of knowledge. Knowl-

edge unused, passes from the mind. "If ye KNOW these things, HAPPY are ye IF YE DO THEM"!

Every God-gift of 1956 be yours in your daily experience life this year!

"I AM" FRANCES K. EKEY

SUGGESTED DECREE

I live, move, and have my being in a gigantic fiery focus of the victorious Flame of Cosmic Christ Peace from the heart of the Beloved Elohim of Peace and the Beloved Himalaya, as of a thousand suns, commanding and compelling my calm, perfect poise and Ascended Master God-control, *which nothing can disturb!* (Use 3 times daily, 3 times each time with feeling!)

Excerpts of
INSTRUCTION FROM BELOVED FUN WEY

(Inasmuch as February is the month of birthdays of so many of America's patriots of old, we offer Beloved Fun Wey's instruction on the appreciation of opportunity. As His name implies, Fun Wey is an Ascended Master Whose main gift to life is God happiness and joy.)

"America is called—and rightly so—'The Land of Opportunity'. Where there is opportunity there is possibility of growth, expansion and unfoldment of the nature in a nation or a consciousness. Where opportunity does not present itself, stagnation and inertia result therefrom. Opportunity is like an Open Door through which the individual Flame may pass to greater glory and wider experiences. It was to find new opportunity that the New World was discovered, explored and prepared for succeeding generations.

To the Oriental consciousness, which has experienced century after century the stagnation of the progress of the masses due to lack of opportunity, the priceless heritage of the Americas is a source of constant gratitude as well as wonderment.

In the Realms of Light and in the search of the soul for greater unfoldment, the alert lifestream is likewise in a constant state of gratitude for the presentation of opportunity to expand the powers, activities and capacities of the nature.

It is here that My radiation and pressure of a joyous, happy feeling act as a lever in the substance of the emotional nature where the individual has felt himself enfolded in problems which are merely accumulated radiations of energy. Within

his own nature he may feel himself surrounded by opportunities to expand his sphere of influence through the controlling power of his own God Self. For instance, the smaller the orbit of each one's world, the less the responsibility to life in drawing forth the energy to sustain and maintain harmony, health, supply, and the other constructive radiations requisite to happiness.

However, when the life experiences of the individual widen the orbit of that one's world by the infusion of more lifestreams, or what might appear as greater demands upon the resources of the mind, body or pocketbook,—rather than welcoming the expanded opportunity to draw the substance of the flame in greater blessings,—the individual usually accepts the mass consciousness of being weighed down by problems and appearances. Then the consciousness—instead of being filled with anticipation of expanding more light—becomes depressed with the feeling of human responsibility. All life is but a *training in the use and qualification of energy,* until the individual becomes the Master control of circumstances and every activity within his sphere of influence.

When the Presence sees that the individual is capable of maintaining the God control of greater amounts of energy, rather than feeling it a problem or a responsibility that creates a depressive influence, such an one should welcome it as the Forefathers of America welcomed the wilderness as an opportunity to establish and expand a new Nation."

Fraternally Yours

DEAR FRIENDS: The "Seven Beloved Archangels Speak" is a wonderful book. What a glorious thing to be able to raise one's vibrations and commune with Them on the Higher Planes of being; to be able to ask Their blessings to come into this world of trial and imperfection. I know the service of These Great Beings will help me to walk with God more and more and do good.—J. A. L., Crafton, Pa.

EDITOR: God's limitless blessings be upon your good self, your home and loved ones for the strength of your light and your willingness to accept the help of the Spiritual Hierarchy in Its eternal desire to raise the entire race out of human effluvia. Continue in your great sincerity to the light and it cannot fail to bring you complete freedom in every way.

Fraternally Yours (Continued)

DEARLY BELOVED OF THE LIGHT: My "Memoirs of Beloved Mary" came and there are not enough words to express my very deep gratitude for it. God bless and bless forever every one who had any part in bringing forth all this wonderful information and radiation to the children of Earth. I am so happy and thrilled with it . . .—E. M., El Paso, Texas.

EDITOR: From Our side of life, one of the greatest gifts mankind can give Us is their conscious acceptance of Our reality and ability, as well as willingness, not only to help them out of their distresses, *but out of the causes of those distresses so that no more are able to appear!* The Beloved Mary's love for the mankind of this Earth is so intense and has gathered such a momentum through Her service to them through the centuries since Her Ascension, that We expect miracles without number to occur in the lives of those who read Her book and endeavor to put into daily living as much of Her instruction on the Law of Life as is possible. Beloved Mary thanks you personally for your kind reception of Her endeavor to bless mankind through Her radiation released in this book.

* * * *

DEAR, DEAR FRIENDS: We received your letter recently and accept with gratitude the many blessings you decree for us. You will be glad to know we are receiving those blessings without limit . . . We regret that we are so far away from you there but feel we are in our perfect place here . . . Miracles have occurred here in many ways—especially with regard to the climatic conditions since we have come and have been doing definite work on blessing the Beings of Nature. The change in climate here from drought to luxuriant growth because of adequate rainfall, has been so wonderful. The large pineapple plantation here has harvested more pineapples in the last three years since we have been here than in many years previously. Just another proof that "The Light of God *never* fails."—I. B., Hawaiian Islands.

EDITOR: Do you know how especially dear to Our hearts are those who are applying the Law to the best of their ability—alone in the so-called "far away" places, where they have not the stimulus of meeting with others of like interest and belief with whom they can associate regularly. We bless you for the strength of your light and love and assure you of the gratitude of the Elemental Kingdom when some of mankind are interested in calling for their release from unhappy conditions imposed upon them by either the ignorance or selfishness of the mankind they have sworn to serve and obey. Since We are only free to act in the physical octave through the conscious call from and acceptance of those who want Our help, We are grateful indeed for the opportunities you afford Us to expand Our light as well as yours in those beautiful Islands.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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To the Spirit of the Immaculate Concept, Archangel Gabriel!

As the Archangel Gabriel promised to come to Beloved Mother Mary and intensify the Divine Concept of the "I Am" Presence of the Master Jesus before His birth, so does Beloved Gabriel offer to come and direct His Cosmic Flame through the outer consciousness of every individual on Earth, stirring the remembrance of that one's own Divine Image and Likeness into *active being!*

At this season, when the externalized perfection of the Master Jesus is honored, invoke the Presence of the Beloved Gabriel! He will not fail you. Into the swirling confusions of thought and feeling, He will direct His constant Flame and, for a moment, the remembrance of the perfection, the glory, the Divinity of your own "I Am" Presence will stamp itself upon your mind. *Accept it in your feelings* and ask Beloved Gabriel to keep it sustained and help you as He helped Beloved Mary, to nourish and develop that Divine Pattern through your outer self!

Archangel Gabriel! Come now into the atmosphere of Earth! Attend the consciousness of those gathered in the "upper chamber" seeking the true Way! Bring to their remembrance the full glory which they had with their Source before the world was. Sustain their enthusiasm until the glory and perfection of that Presence is externalized in the fulfillment of their own Divine Plan; to their individual victory and for the encouragement and stimulus of their fellowmen.

THOMAS PRINTZ, *Editor.*

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